

Words of Wisdom

Just get rid of it

With the blessings of Didiji, publishing her simple and strong words through 'Words of Wisdom', which are capable of transforming a person and lead them towards enlightenment. I know 'Words are powerful', but I experienced the fact in Didiji's presence. Let's say WOW! & Imbibe the 'Words of Wisdom'. May her blessings enlighten many souls and change the world into heaven. Didiji (Shri Siddheshvari Devi) is the founder of Radha Madhav Society.

Visit www.radhamadhavsociety.org for a listing of Didiji's upcoming lectures and retreats.

Shakespeare has said, "Parting is such sweet sorrow." Indeed! Parting is a difficult thing to do. You would rather leave everything the way it is. It is easier that way. There are times, however, when parting is an absolute must. Sometimes it is a person with whom we must part ways; sometimes it is an object; it may be a worn out beloved garment, a nasty habit, or it may even be a dying tooth.



Over the years, you have accumulated many objects that are cluttering up your life. You have also gotten into habits which are harmful for your overall wellbeing. Undoubtedly, you have come across many people whose company is extremely toxic. However, you are keeping these objects, habits and people around physically and mentally just because they are familiar to you.

You would like to keep it or salvage it, hoping that it might be of some use to you. After all, it has been with you for decades (in your mouth, in your house, or in your life). But no, that will not do. You just have to get rid of it. You know that you would be better off without it. Your intellect understands that the initial pain will be followed by great relief. However, your mind tells you to hold on to it. After all, it is an old friendship, a familiar place, or an old habit. Change is often painful, but when it becomes necessary, do not hesitate to let go of even that which is very familiar.

Relief will come in time.

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*One drop of poison spoils gallons of milk.
One bad habit dominates dozens of good habits.*