

Words of Wisdom

Take care of your 'self'

With the blessings of Didiji, publishing her simple and strong words through 'Words of Wisdom', which are capable of transforming a person and lead them towards enlightenment. I know 'Words are powerful', but I experienced the fact in Didiji's presence. Let's say WOW! & Imbibe the 'Words of Wisdom'. May her blessings enlighten many souls and change the world into heaven. Didiji (Shri Siddheshwari Devi) is the founder of Radha Madhav Society.

Visit www.radhamadhavsociety.org for a listing of Didiji's upcoming lectures and retreats.

It is very important to know who you really are. The body is something you have in your possession, whereas the spirit soul is what you are. Of course it is important to take care of the body, but it is even more important to take care of the 'self.' Here are some points to ponder in this context.



Make it a routine to visit a place of worship at least once a week. Do not be concerned with whether or not your best friend, or neighbours are there. Do not look at what so-and-so is wearing or how so-and-so is behaving. Pray sincerely when you visit a place of worship. Do not pay lip service to the omniscient Lord. Your worship should come from the heart.

So many people start worshipping the place of worship. A temple, a church or a synagogue is a house of God and a place which inspires one to pray. When you go to this house, remember the landlord, the Supreme Lord.

Associate always with the right type of people. Not everyone will have a good influence on you. Since God dwells within all, everyone deserves your respect, yet you must be picky and choosy in making friends. Seek the company of those who will help and inspire you on the spiritual path.

Fourthly, do not read garbage. Do not watch garbage on television. After all, you would not put garbage in your mouth. Why would you put it in your mind?

Next, donate at the very least 10% of your earnings. All major religions instruct followers to give 10% to God. The reason is so that you may not become overly attached to the material world.