

Words of Wisdom

Do not put anyone down

With the blessings of Didi, publishing her simple and strong words through 'Words of Wisdom', which are capable of transforming a person and lead them towards enlightenment. I know 'Words are powerful', but I experienced the fact in Didi's presence. Let's say WOW! & Imbibe the 'Words of Wisdom'. May her blessings enlighten many souls and change the world into heaven. Didi (Shri Siddheshvari Devi) is the founder of Radha Madhav Society.

Visit www.radhamadhavsociety.org for a listing of Didi's upcoming lectures and retreats.

Lack of self-esteem is one of the main reasons we put others down. Confident people do not have the need to prove that they are better than others. They constantly compete against themselves in an effort to make improvements within.



Another reason people belittle others is for the purpose of feeling good about themselves. Still another reason is jealousy. Being jealous of someone's accomplishments leads one to talk against the one who has succeeded. Still another reason is to look good in the eyes of others.

By putting others down we put ourselves down. If you speak against others in an effort to make yourself look good, you will accomplish the exact opposite. When family, friends or coworkers hear you putting others down, they will stop respecting you. They may not speak about it to you, but their attitude towards you will change. Not only that, they will rightfully suspect that you talk about them behind their back also.

The main damage in putting others down is that we contaminate our mind even further.