

## Words of Wisdom

### Look for the silver lining

*With the blessings of Didi, publishing her simple and strong words through 'Words of Wisdom', which are capable of transforming a person and lead them towards enlightenment. I know 'Words are powerful', but I experienced the fact in Didi's presence. Let's say WOW! & Imbibe the 'Words of Wisdom'. May her blessings enlighten many souls and change the world into heaven. Didi (Shri Siddheshvari Devi) is the founder of Radha Madhav Society. Visit [www.radhamadhavsociety.org](http://www.radhamadhavsociety.org) for a listing of Didi Ji's upcoming lectures and retreats.*



I got laryngitis three days ago. Lectures were starting in a new city, and it was just the worst possible time to lose my voice. I took all the home remedies I know about (from the last bout of laryngitis and from the Internet), and got some of my voice back, if not all of it. But during the time when I had no voice, I did some thinking and found that along with disadvantages, there are certain advantages to losing your voice.

The first advantage is that you can get so much more work done. When you are not able to speak, you become less of a distraction to yourself, and actually become more productive. An average person speaks entirely too much. What we can communicate in one moment, often takes up a good five minutes of our time.

The second advantage of losing your voice is that there is no need to worry about those awkward silent periods in the conversation, as there is no conversation taking place with anyone. When you are able to talk, you always worry about not having anything to say. When you cannot speak, there is no need to worry about this.

The third advantage of losing your voice is that you do not have to regret your words, as you have spoken none.

Losing your voice is fun too. When you can't speak, you have to either write everything down or gesture. I chose the latter. When I wanted to communicate something very important to people in the room, I started gesturing. They started guessing. Before we know it, everyone was laughing, and we were all playing a fun game of charades.

There is always a silver lining behind the dark cloud.

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