

## Words of Wisdom

### Catch someone doing something right

*With the blessings of Didiji, publishing her simple and strong words through 'Words of Wisdom', which are capable of transforming a person and lead them towards enlightenment. I know 'Words are powerful', but I experienced the fact in Didiji's presence. Let's say WOW! & Imbibe the 'Words of Wisdom'. May her blessings enlighten many souls and change the world into heaven. Didiji (Shri Siddheshwari Devi) is the founder of Radha Madhav Society. Visit [www.radhamadhavsociety.org](http://www.radhamadhavsociety.org) for a listing of Didi Ji's upcoming lectures and retreats.*

It is very important to give recognition for a job well done. Usually we criticize immediately and hold off on the praise, but we should do the opposite. When you catch your employee, your child, your student, your spouse or your subordinate doing something right, give a nod, a wink, a token of appreciation or a pat on the back to show that you have noticed them doing something right.



When a parent calls out to a child, the child asks, "What did I do now?" Imagine how wonderful it would be for the child to hear, "I just want to tell you that you are a really good kid; you are very helpful and respectful, and I really appreciate it." I once asked all the children present in a retreat to see me in my room. They all came in expecting a scolding for perhaps being too loud or not following the rules. But instead of getting a reprimand, they got some genuine words of appreciation and a treat for good behaviour.

To be most effective, recognition must be immediate. When a teacher tells the student, "I really liked the hard work you put in that essay four months ago," the student scratches his head to figure out which essay he is being complimented on. To motivate the recipient to the maximum, you have to praise right away, not days or weeks or months down the line. The recognition must be specific also. There is a difference between telling a child, "I like your drawing" and "I like the way you used the pink and the blue in your drawing. I also like the way you drew the sun with a happy face."

Recognition is a very effective morale-booster and leads to greater productivity. Everyone needs to be appreciated and recognized. So go ahead and catch someone doing something right. \*